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CONNOISSEURS' CHOICE

Winston Churchill and associate art director Greg share a fondness for Truefitt & Hill, the 200-year-old London purveyor of barber products and services. The rich, glycerin-based shaving cream (to use with or without a brush) may require a little extra time, said Greg, "but it gives you a close, smooth shave—and I didn't cut myself." Shaving cream, 5.8 oz, \$20.50; four-inch badger brush, \$95, at trufittandhill.com or call 800-236-8089.

MEDITATING IN THE DESERT AT MIRAVAL, ARIZONA

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